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**TSX Venture Exchange - TFA.A**

## **NEWS RELEASE**

### **TRAFINA ENERGY LTD. ANNOUNCES APPOINTMENT OF OFFICER AND OPTION GRANTS**

Calgary, Alberta – January 21, 2010 – Trafina Energy Ltd. ("Trafina" or "the Company") is pleased to announce that Mr. Ben VanRootselaar has been appointed Vice President, Engineering of Trafina effective immediately. Mr. VanRootselaar previously held the position of Manager of Engineering of Trafina and prior thereto he provided technical oil and gas consulting services to the Company from April 2007 to January 2009. Mr. VanRootselaar is a Professional Engineer with 30 years of experience in the oil and gas industry.

In addition, the board of directors of Trafina approved today the grant to Mr. VanRootselaar and certain consultants of options to acquire 170,000 shares of the Company at a price of \$0.46 per share exercisable on or prior to January 21, 2015 subject to the provisions of the Company's stock option plan. The option grants are subject to the approval of, and the Company fulfilling the requirements of, the TSX Venture Exchange.

#### About Trafina

Trafina is a junior oil and gas company based in Calgary, Alberta. The Company's main area of interest is in Wetaskiwin with operated production in Retlaw and Ronalane in Alberta and the Rangeview/Divide area of south-west Saskatchewan. Trafina also has non-operated production in Viking /Kinsella, Alberta and the McGuffin area in Saskatchewan and minor interests in Jenner and Carson Creek/Judy Creek, Alberta. Trafina's shares trade on the TSX Venture Exchange under the stock symbol TFA.A.

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