



TSX Venture Exchange - TFA.A

## NEWS RELEASE

### TRAFINA ENERGY LTD. ANNOUNCES GRANT OF OPTIONS

Calgary, Alberta – May 29, 2009 – Trafina Energy Ltd. (Trafina or the Company) announces that the board of directors has approved the grant of options to acquire 300,000 shares of the Company at a price of \$0.40 per share to Kelly J. Ogle, President and Chief Executive Officer. The options grant is subject to the approval of, and the Company fulfilling the requirements of, the TSX Venture Exchange.

Trafina is a junior oil and gas company based in Calgary, Alberta. It is primarily a natural gas producer, with its main area of interest in Wetaskiwin with non-core interests in Jenner, Carson Creek/ Judy Creek and Bindloss, all of which are in Alberta. Trafina's shares trade on the TSX Venture Exchange under the stock symbol TFA.A.

*Forward Looking Statements:* This news release contains forward looking statements based on management's current expectations. The reader is cautioned that assumptions used in the preparation of such information, although considered reasonable by Trafina at the time of preparation, may prove to be incorrect. The forward looking statements contained in this news release are made as at the date of this news release and, except as required by applicable securities laws, Trafina does not undertake any obligation to update publicly or otherwise any such statements.

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